

CHSP* MENU at 1 July 2023

Premium Menu

Main Size \$9.70 | Mini Size \$7.10

	Main	Mini
Apricot Chicken		
Beef and Bacon Casserole		
Braised Steak & Onion Gravy		
Creamy Chicken & Bacon Pasta		
Lamb Rissoles		
Lamb Chop and Gravy		
Pureed Meals		



Everyday Range

Main Size \$7.90 | Mini Size \$6.70

BEEF	Main	Mini
Beef Casserole & Mash		
Beef Lasagne		
Beef Pot Roast		
Beef Rissole & Gravy		
Beef Stroganoff		
Corned Silverside		
Cottage Pie		
Curried Sausages		
Irish Beef Stew		
Meat Pie, Mash & Veg		
Meatloaf with Gravy		
Roast Beef & Gravy		
Sausages & Gravy		
Savoury Mince & Vegetables		
Spaghetti Bolognaise		
Steak & Kidney Pie		
Swedish Meat Balls		

CHICKEN	Main	Mini
BBQ Chicken		
Chicken & Asparagus Mornay		
Chicken Breast Mango		
Chicken Stirfry with Noodle		
Chicken Parmigiana		
Chicken Scaloppini		
Chicken Schnitzel		
Chicken Wings in BBQ sauce		
Chicken Teriyaki		
Curried Chicken		
Honey Chicken & Cashews		
Honey Soy Chicken		
Lemon Chicken with rice		
Roast Chicken & Gravy		
Sweet & Sour Chicken		

SEAFOOD	Main	Mini
Tuna Pasta Bake		
Crumbed Fish & Wedges		
Curried Prawns		
Fish & Chips		
Fish Cakes		
Barramundi, Lemon Butter and Basmati Rice		
Salmon Pasta Bake		

VEGETARIAN	Main	Mini
Vegetarian Cottage Pie		
Pumpkin & Mroom Arancini Balls		
Vegetable Pasta Bake		
Spinach & Ricotta Canneloni		
Zucchini & Corn Fritter		
Macaroni Cheese		

LAMB	Main	Mini
Lamb Casserole		
Lamb, Potato & Mushroom Pie		
Lambs Fry, Bacon & Gravy		
Roast Lamb & Gravy		

PORK	Main	Mini
Ham Steak & Pineapple Glaze		
Pork, Apple & C'berry Casserole		
Pork Steak & Honey Soy Sauce		
Sweet and Sour Pork		
Baked Potato & Pulled Pork		
Macaroni Ham and Cheese		
Roast Pork & Gravy		



Soup \$3.30

	Qty
Beef & Vegetable	
Chicken & Sweet Corn	
Chicken & Vegetable	
Chicken Noodle	
Creamy Tomato Soup	
Hearty Vegetable	
Minestrone	
Pea & Ham	
Potato & Leek	
Pumpkin	

Desserts

\$3.30

	Qty
Apple Pie with Cream	
Apple & Rhubarb Crumble	
Banana Cake	
Black Forest Cheesecake	
Blueberry Crumble & custard	
Bread & Butter Pudding	
Butterscotch Pudding	
Cheesecake Slice	
Choc Mud Cake & Custard	

	Qty
Creamed Rice & Apricots	
Custard Danish	
Golden Syrup Pudding	
Jelly with Fruit & Custard	
Marshmallow Slice	
Mousse Chocolate	
Mousse Mango	
Sticky Date Pudding	
Tiramisu	

Delivery or pick up service available. Mains & Minis can be delivered frozen or hot.
You can order meals on line at www.camdenmealsonwheels.com.au
JUST JUICE 200ml - Apple & Blackcurrent \$1.30