

CHSP* MENU at JULY 2025

Premium Menu

Main Size \$9.90 | Mini Size \$7.50 | Desserts \$4.00

	Main	Mini		Main	Mini		Main	Mini
Apricot Chicken & Pasta			Pork Loin, Apple & Sage Gravy			Tasmanian Salmon with White Wine Sauce		
Braised Lamb Chops & Creamy Gravy			Pork Scallopini			Vegetable Pasta Bake		
Braised Steak & Onion Gravy			Pork Steaks with Apple			Apple & Rhubarb Brown Betty & Custard		
Creamy Chicken & Bacon Pasta			Slow Cooked Lamb Shanks			Apple Pie & Cream		
Lamb Rissoles			Spaghetti with Creamy Garlic Prawns			Golden Syrup Pudding		
Parmesan Crusted Fish			Steak & Bacon Casserole			Purees		

Everyday Range

Main Size \$8.00 | Mini Size \$6.90

BEEF	Main	Mini	CHICKEN	Main	Mini	SEAFOOD	Main	Mini
Beef Casserole			BBQ Chicken			Barramundi, Lemon Butter & Rice		
Beef Lasagne			Butter Chicken			Battered Fish Pieces & Baked Potato Wedges		
Beef Pot Roast			Chicken Asparagus Bake	limited stock	limited stock	Cheesy Tuna Bake		
Beef Rissole & Gravy			Chicken Breast Mango			Crumbed Fish & Wedges		
Beef Stroganoff			Chicken Parmigiana			Curried Prawns		
Corned Beef			Chicken Stirfry & Noodles			Fish Patties with Hollandaise Sauce		
Cottage Pie			Chicken Schnitzel & Gravy			Salmon & Vegetable Patties		
Curried Sausages			Chicken Teriyaki			Salmon Frittata		
Irish Beef Stew			Fried Rice & BBQ Chicken			Tempura Fish with Lemon Sauce		
Meat Pie & Gravy			Honey Chicken & Cashews					
Meatloaf & Gravy			Honey Soy Chicken					
Roast Beef & Gravy			Lemon Chicken Schnitzel with Rice					
Sausages & Gravy			Mild Chicken Curry					
Savoury Mince			Roast Chicken & Gravy					
Spaghetti Bolognaise			Sweet & Sour Chicken					
Steak & Kidney								
LAMB	Main	Mini	PORK	Main	Mini			
Lamb Casserole			Baked Potato & Pulled Pork					
Lambs Fry, Bacon & Gravy			Ham & Turkey Roast	limited stock				
Lamb Potato & Mushroom Pie			Honey Pork & Pineapple Casserole					
Roast Lamb & Gravy			Macaroni, Ham and Cheese					
			Pork Meatballs with Sweet & Sour Sauce					
			Roast Pork & Gravy					
			Sweet & Sour Pork					

DESSERTS \$3.30	Qty
Apple Danish	
Apple & Blueberry Crumble	
Banana Cake	
Bread & Butter Pudding	
Butterscotch Pudding	
Carrot Cake	
Cheesecake Slice	
Chocolate Mousse	

DESSERTS \$3.30	Qty
Choc Mud Cake	
Custard Danish	
Jelly Fruit & Custard	
Marshmallow Slice	
Rice Pudding	
Sticky Date Pudding	
Tiramisu	
Tropical Cheesecake	
Upside Down Pineapple Cake & Custard	limited stock

VEGETARIAN	Main	Mini
Macaroni Cheese		
Pumpkin & Mushroom Arancini Balls		limited stock
Pumpkin & Cheese Arancini	coming soon	
Spinach & Cheese Canneloni		
Vegetable Parcel		
Vegetable Stir Fry With Rice Noodles		
Zucchini & Corn Fritters		

SOUPS \$3.30	Qty
Beef & Vegetable/Roll	
Chicken & Vegetable/Roll	
Chicken Noodle/Roll	
Creamy Pumpkin/Roll	
Creamy Tomato	
Hearty Vegetable/Roll	
Minestrone/Roll	
Pea & Ham/Roll	
Potato, Leek & Bacon/Roll	coming soon

NIPPY'S \$4.00	Qty
Iced Chocolate 500ml	
Iced Coffee 500ml	
NIPPY'S \$2.50	Qty
Apple Juice 250ml	
Apple Blackcurrent Juice 250ml	
Orange Juice 250ml	

Delivery or pick up service available. Mains & Minis can be delivered frozen or hot.

You can order meals online at www.camdenmealsonwheels.com.au

* This meals service is supported by the Commonwealth Government under the Commonwealth Home Support Program

* must qualify for CHSP assist