

CHSP* MENU at NOVEMBER 2025

Premium Menu

Main Size \$9.90 | Mini Size \$7.50 | Desserts \$4.00

	Main	Mini		Main	Mini		Main	Mini
Apricot Chicken		limited stock	Pork Loin, Apple & Sage Gravy	limited stock		Rosemary & Garlic Chicken with Potato Bake		
Braised Lamb Chops & Creamy Gravy			Pork Scallopini			Tasmanian Salmon & White Wine Sauce		
Braised Steak & Onion Gravy			Pork Steaks with Apple		limited stock	Apple & Rhubarb		
Beef Bourguignon			Slow Cooked Beef with Pepper Gravy			Brown Betty & Custard		
Chicken Parmigiana			Slow Cooked Lamb Shanks			Apple Pie & Cream		
Chicken & Cashews with Rice			Spaghetti with Creamy Garlic Prawns			Golden Syrup Pudding		
Creamy Chicken & Bacon Pasta		limited stock	Spaghetti Carbonara			Rice Pudding with Apple & Blueberry	coming soon	
Lamb Rissoles		limited stock	Steak & Bacon Casserole			Rice Pudding with Cinnamon	limited stock	
Parmesan Crusted Fish			Special Fried Rice with BBQ Pork			Purees		

Everyday Range

Main Size \$8.00 | Mini Size \$6.90

BEEF		Main	Mini	CHICKEN		Main	Mini	SEAFOOD		Main	Mini
BBQ Sausage & Baked Beans	coming soon			BBQ Chicken				Barramundi, Lemon Butter & Rice			
Beef Casserole				Butter Chicken with Rice				Battered Fish Pieces & Baked Potato Wedges		limited stock	
Beef Lasagne				Chicken Asparagus Bake	limited stock	limited stock		Cheesy Tuna Bake			
Beef Pot Roast				Chicken Breast Mango				Crumbed Fish & Wedges			
Beef Rissole & Gravy				Chicken Parmigiana		limited stock		Curried Prawns with Rice			
Beef Stroganoff				Chicken Stirfry & Noodles				Fish Patties with Hollandaise Sauce			
Corned Beef				Chicken Schnitzel & Gravy				Salmon & Vegetable Patties			
Cottage Pie				Chicken Teriyaki				Salmon Frittata	limited stock		
Curried Sausages				Fried Rice & BBQ Chicken				Tempura Fish with Lemon Sauce			
Irish Beef Stew				Honey Chicken & Cashews with Noodles	limited stock						
Meatloaf & Gravy				Honey Soy Chicken with Rice							
Roast Beef & Gravy		limited stock		Lemon Chicken Schnitzel with Rice							
Sausages & Gravy				Mild Chicken Curry with Rice							
Savoury Mince				Mild Satay Chicken with Rice							
Spaghetti Bolognese				Roast Chicken & Gravy							
Steak & Kidney				Sweet & Sour Chicken with Rice							
Steak & Mushroom Pie											
LAMB		Main	Mini	PORK		Main	Mini	VEGETARIAN		Main	Mini
Lamb Casserole				Honey Pork & Pineapple Casserole with Rice				Macaroni Cheese		limited stock	
Lamb Fry, Bacon & Gravy				Macaroni, Ham and Cheese				Pumpkin & Cheese Arancini	limited stock		
Lamb Potato & Mushroom Pie				Pork Meatballs with Sweet & Sour Sauce & Rice				Spinach & Cheese Canneloni			
Roast Lamb & Gravy				Roast Pork & Gravy				Vegetable Parcel			
				Stuffed Baked Potato & Pulled Pork				Veggie Pesto Pasta			
				Sweet & Sour Pork with Rice				Veggie Pesto Pasta			
				Pulled Pork & Mexican Rice		new		Vegetable Stir Fry With Rice Noodles	limited stock		
								Vegetable Quiche	coming soon		
								Zucchini & Corn Fritters	limited stock		

DESSERTS \$3.30	Qty
Apple & Blueberry Crumble	
Banana Cake	
Bread & Butter Pudding	
Butterscotch Pudding	
Carrot Cake	
Cheesecake Slice	
Chocolate Mousse	
Choc Mud Cake	
Coconut Cake	
Custard Danish	
Fruit Pavlova	
Marshmallow Slice	
Sticky Date Pudding	
Tiramisu	

DESSERTS \$3.30	Qty
Jelly Fruit & Custard	limited stock
Tropical Cheesecake	limited stock
Upside Down Pineapple Cake & Custard	limited stock

NIPPY'S \$4.00	Qty
Iced Chocolate 500ml	
Iced Coffee 500ml	
NIPPY'S \$2.50	Qty
Apple Juice 250ml	
Apple Blackcurrent Juice 250ml	
Orange Juice 250ml	



Delivery or pick up service available. Mains & Minis can be delivered frozen or hot. You can order meals online at www.camdenmealsonwheels.com.au

* This meals service is supported by the Commonwealth Government under the Commonwealth Home Support Program

* must qualify for CHSP assist