

CHSP* MENU at NOVEMBER 2025
Premium Menu
Main Size \$9.90 | Mini Size \$7.50 | Desserts \$4.00

	Main	Mini		Main	Mini		Main	Mini
Apricot Chicken		<i>limited stock</i>	Pork Loin, Apple & Sage Gravy	<i>limited stock</i>		Rosemary & Garlic Chicken with Potato Bake		
Braised Lamb Chops & Creamy Gravy			Pork Scallopini			Tasmanian Salmon & White Wine Sauce		
Braised Steak & Onion Gravy			Pork Steaks with Apple		<i>limited stock</i>	Vegetable Pasta Bake	<i>limited stock</i>	
Beef Bourguignon			Slow Cooked Beef with Pepper Gravy			Apple & Rhubarb Brown Betty & Custard		
Chicken Parmigiana			Slow Cooked Lamb Shanks			Apple Pie & Cream		
Chicken & Cashews			Spaghetti with Creamy Garlic Prawns			Golden Syrup Pudding		
Creamy Chicken & Bacon Pasta		<i>limited stock</i>	Spaghetti Carbonara			Rice Pudding with Apple & Blueberry Compote	<i>coming soon</i>	
Lamb Rissoles		<i>limited stock</i>	Steak & Bacon Casserole			Rice Pudding with Cinnamon	<i>limited stock</i>	
Parmesan Crusted Fish			Special Fried Rice with BBQ Pork			Purees		

Everyday Range
Main Size \$8.00 | Mini Size \$6.90

BEEF	Main	Mini	CHICKEN	Main	Mini	SEAFOOD	Main	Mini
Beef Casserole			BBQ Chicken			Barramundi, Lemon Butter & Rice		
Beef Lasagne			Butter Chicken with Rice			Battered Fish Pieces & Baked Potato Wedges		limited stock
Beef Pot Roast			Chicken Asparagus Bake	limited stock	limited stock	Cheesy Tuna Bake		
Beef Rissole & Gravy			Chicken Breast Mango			Crumbed Fish & Wedges		
Beef Stroganoff			Chicken Parmigiana		limited stock	Curried Prawns with Rice		
Corned Beef			Chicken Stirfry & Noodles			Fish Patties with Hollandaise Sauce		
Cottage Pie			Chicken Schnitzel & Gravy			Salmon & Vegetable Patties		
Curried Sausages			Chicken Teriyaki			Salmon Frittata	limited stock	
Irish Beef Stew			Fried Rice & BBQ Chicken			Tempura Fish with Lemon Sauce		
Meatloaf & Gravy			Honey Chicken & Cashews with Noodles	limited stock				
Roast Beef & Gravy		limited stock	Honey Soy Chicken with Rice			VEGETARIAN	Main	Mini
Sausages & Gravy			Lemon Chicken Schnitzel with Rice			Macaroni Cheese		limited stock
Savoury Mince			Mild Chicken Curry with Rice			Pumpkin & Cheese Arancini	limited stock	
Spaghetti Bolognese			Mild Satay Chicken with Rice			Spinach & Cheese Cannelloni		
Steak & Kidney			Roast Chicken & Gravy			Vegetable Parcel		
			Sweet & Sour Chicken with Rice			Veggie Pesto Pasta		
LAMB	Main	Mini	PORK	Main	Mini	Vegetable Stir Fry With Rice Noodles	limited stock	
Lamb Casserole			Honey Pork & Pineapple Casserole with Rice			Zucchini & Corn Fritters	limited stock	
Lambs Fry, Bacon & Gravy			Macaroni, Ham and Cheese					
Lamb Potato & Mushroom Pie			Pork Meatballs with Sweet & Sour Sauce & Rice			SOUPS \$3.30	Qty	
Roast Lamb & Gravy			Roast Pork & Gravy			Beef & Vegetable/Roll		

VEGETARIAN	Main	Mini
Macaroni Cheese		<i>limited stock</i>
Pumpkin & Cheese Arancini	<i>limited stock</i>	
Spinach & Cheese Canneloni		
Vegetable Parcel		
Veggie Pesto Pasta		
Vegetable Stir Fry With Rice Noodles	<i>limited stock</i>	
Zucchini & Corn Fritters	<i>limited stock</i>	

SOUPS \$3.30	Qty
Beef & Vegetable/Roll	
Chicken & Vegetable/Roll	
Chicken Noodle/Roll	
Creamy Pumpkin/Roll	
Creamy Tomato	
Hearty Vegetable/Roll	
Minestrone/Roll	
Pea & Ham/Roll	
Potato, Leek & Bacon/Roll	

DESSERTS \$3.30	Qty
Apple & Blueberry Crumble	
Banana Cake	
Bread & Butter Pudding	
Butterscotch Pudding	
Carrot Cake	
Cheesecake Slice	
Chocolate Mousse	
Choc Mud Cake	
Coconut Cake	
Custard Danish	
Fruit Pavlova	
Marshmallow Slice	
Sticky Date Pudding	
Tiramisu	

DESSERTS \$3.30	Qty
Jelly Fruit & Custard	<i>limited stock</i>
Tropical Cheesecake	<i>limited stock</i>
Upside Down Pineapple Cake & Custard	<i>limited stock</i>

NIPPY'S \$4.00	Qty
Iced Chocolate 500ml	
Iced Coffee 500ml	
NIPPY'S \$2.50	Qty
Apple Juice 250ml	
Apple Blackcurrent Juice 250ml	
Orange Juice 250ml	



Delivery or pick up service available. Mains & Minis can be delivered frozen or hot.

 You can order meals online at www.camdenmealsonwheels.com.au

* This meals service is supported by the Commonwealth Government under the Commonwealth Home Support Program

* must qualify for CHSP assist